

Southeastern Hand Society
46th Annual Meeting
April 24 – April 27, 2025
Nashville, Tennessee





Welcome to our 46th Annual Meeting!

Gini and I welcome you to the 46th Annual Meeting of the Southeastern Hand Society. We are honored to have Dr. Donald Lee, M.D. as our Presidential Guest Speaker. Dr. Lee has long been a pillar of our profession, serving on many national and international committees and leadership positions. Undoubtably, Dr. Lee has been fulfilled in mentoring and training residents and hand fellows at UAB and Vanderbilt over the years. And he has drawn on his experiences and commitment he and Dawn have to their family, which includes their 5 children-David, Dustin, Daniel, Diana, and Dana. You will see his passion for personal connection in his talks at our meeting and specific wisdom in his second presidential talk “***The Simpler Way to Our Better Selves***”. **This talk is an invitation to everyone attending the meeting, including spouses.**

We want to thank the Board for their guidance this year with various details for our meeting. A special thank you to Sonya Clark for putting together an engaging scientific program. Thank you to our exhibitors for their continued support of the SEHS. A separate shout out to Samantha Piekarski, Gini’s daughter, who created the great SEHS logo for this event. And, finally, thanks to all of you, the members of the SEHS for making the trek to **NashVegas** for what we hope will be an educational and enjoyable meeting for all.

So, slip on those cowboy boots and cowboy hats to get Nashville chic and try to do something crazy and out of your comfort zone in Music City, USA.

Mudita,

Chris Tuohy and Gini Piekarski



Southeastern Hand Society Board 2024-2025

President: Chris Tuohy

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Vice President: Roy Cardoso

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Elliot Robinson (Year 3)

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Suhail Mithani (Year 3)
Jeff Marchessault (Year 2)
Ben Graves (Year 1)

Immediate Past-President: Matt Tomaino

Scientific Program: Sonya Clark

Membership Chair: Roy Cardoso

Nominating Committee:
Tuohy, Clark, Cardoso

Financial Committee:
Robinson, Tuohy

Origins of the Southeastern Hand Society

In 1975, Lamar Fleming and I completed our training at Duke and embarked upon academic careers in hand surgery at Emory University in Atlanta and The University of Alabama in Birmingham respectively. As novices in the field, we often encountered less than optimal results with our surgical procedures and also found that some issues and techniques, that we had learned in our training or read in the literature, seemed questionable. As we were far too young to frankly engage the "Deans" of Hand Surgery in debate or to admit our failures to the "establishment", we sought a forum to discuss these matters of concern. From the time that we had left Duke, we had considered establishing an alumni hand group. For a number of reasons, this effort was delayed for several years. By 1978, a number of other Duke graduates were out in the academic realm: Bob Adelaar at MCV, Don Bright at Duke, Ollie Edmunds at Tulane, and Gary Poehling at Bowman Gray, while Glen Barden and Jim Boatright were in private practice. Lamar became aware that a group of young hand surgeons in Louisiana, some of whom had trained with Dan Riordan, wanted to form a discussion group. These hand surgeons included Bob Chuinard and Gene Dabazies at LSU, Butch Lazaro in Opelousas, Clint McAlister in Bossier City, and Cedric Lowery and Harold Stokes in New Orleans. He suggested that we join forces to provide a broader background and experience to the group. So that our experiences would not be stunted by a skewed population of patients, we made an early decision to include surgeons from both the academic scene and private practice for some long-forgotten reason, we initially decided to limit the geographical boundaries of our group to the southeastern United States. We broke the rules, immediately, by inviting Jim Culver from the Cleveland Clinic, since he had trained at the University of Virginia and Jim Thompson who had trained with Bill Littler in New York and was at Johns Hopkins Hospital in Baltimore. We also invited Bill Bowers who was at the University of North Carolina, John Buckley who had trained at Mayo Clinic and was in Tuscaloosa, Dick Herrick who had trained in Louisville and was in Opelika, Alabama, and John Packer from Raleigh.

Lamar Fleming, Bob Chuinard, and I developed the initial organizational plan and invited the other founders. We agreed on the format for the meetings: frank discussion of controversial issues and techniques, and the presentation of problem areas and cases. We also felt that this was an ideal forum to present new ideas and techniques, to receive opinions from the group on the efficacy and soundness of these concepts. Some ideas presented in this forum had a huge impact in the field: distal radioulnar joint anatomy and reconstruction (Bill Bowers), wrist arthroscopy with the first teaching symposium (Gary Poehling), while others came and went.

With the help of Don Siegelman, then Secretary of State and recently Governor of Alabama, we established the Southeast Hand Society as a tax-exempt organization in Alabama. The first meeting was held in 1978 at The Grand Hotel in Point Clear, Alabama on Mobile Bay. As first President of the Society, my presidential address was on "Hubris", the ancient Greek word for inappropriate pride when a mortal considered himself on the level of the Gods and was subsequently humiliated or "cut down to size". The point was to show humility and to maintain an open mind. Interestingly, subsequent Presidents have reminded the SEHS of this philosophy on a recurring basis. As we were still in an organizational mode for our second meeting, I also presided in 1979, and we had our first distinguished Presidential Guest Speaker. Our first such

invitee was Dick Smith from Harvard, whom I had always admired for his willingness to challenge established concepts and to graciously engage in a good argument or discussion. He proved to be all that and entertaining as well. We returned to Point Clear (as was the initial plan for alternate years) with Lamar Fleming as President and our friend Dick Eaton as the Presidential Guest Speaker. By this time the group was really enjoying the travel club concept and attendance, including spouses, was almost 100%. Between golf, tennis, bike riding, our cocktail parties and dinners, and the spirited meetings, we all seemed enthralled with the Southeastern Hand Society. We met twice each year: our annual get together in the spring and for a cocktail party each fall at the Annual Meeting of the American Society for Surgery of the Hand. We decided after this meeting not to alternate with Point Clear, but rather to pick a new resort site each spring and to follow the format of morning meetings, afternoon sporting events, and planned evening cocktail parties. The basic format and pervasive philosophy of the founders has persisted. A number of our Presidential Guests have voluntarily returned for subsequent meetings, a testament to the uniqueness, open discussion format, and camaraderie of the Southeastern Hand Society.

John S. Gould, M.D.

Birmingham, Alabama

November 26, 2002



SOUTHEASTERN HAND SOCIETY

46th ANNUAL MEETING
April 24 – April 27, 2025

Full Program



Thursday, April 24th: Scientific Agenda

TIME	ITEM	SPEAKER	PLACE
<i>TBD</i>	<i>Board Lunch</i>		<i>TBD</i>
3:00 – 3:05	Welcome & Introduction of Sponsors	Dr. Christopher Tuohy	Frist Art Museum Auditorium https://fristartmuseum.org/
3:05 – 3:20	From Concept to Counter	Dr. Donald Lee	Frist Art Museum Auditorium
3:20 – 5:30	Presentations by Platinum Sponsors		

3:20 – 3:45	Endo	George Rodriguez Stephanie Wenstrup	Frist Art Museum Auditorium
3:45 – 4:10	Sonex	Dr. Keith Nord	
4:10 – 4:35	Skeletal Dynamics	Dr. Roy Cardoso	
4:35 – 5:00	Simparo	Dr. Matthew Tomaino	
5:00 – 5:25	Zimmer-Biomet	Maurice Harris	
5:30-6:30	Welcome Cocktail Party		Frist Art Museum Auditorium / Foyer
7:00 – 10:00	SEHS Board Dinner	https://www.luogorestaurant.com/	Luogo Restaurant



Thursday, April 24th: Social Agenda

TIME	EVENT	INFO	PLACE
5:30 - 6:30	Welcome Cocktail Party https://fristartmuseum.org/		Frist Art Museum Auditorium / Foyer
7:00 pm	Dinner on Your Own	Things to Do https://www.sehandclub.com/event/	TBD by You!



Friday, April 25th: Scientific Agenda

TIME	ITEM	PRESENTER	PLACE
6:45am – 12:45pm	<i>Exhibits & Displays by Vendors</i> https://fristartmuseum.org/		Frist Art Museum Auditorium
6:45 – 7:30	Breakfast		Frist Art Museum Auditorium
7:30 – 7:35	Welcome & Opening Comments	Dr. Christopher Tuohy	
7:35 – 9:00	Scientific Session 1		
7:35 – 7:55	Integrating WALANT into Established Practice	Dr. James Moss	
7:55 – 8:15	My Experience with the First 50 Suture Suspensionplasty Procedures for Basal Joint Arthritis	Dr. Matthew Tomaino	
8:15 – 8:35	Revision CMC Arthroplasty: A Case Report	Dr. Terry Messer	
8:35 – 9:00	Forearm Nonunion and Deformity Correction with Virtual Surgical Planning	Dr. Suhail Mithani	
9:00 – 9:30	<i>Break & Visit with Exhibitors</i>		

TIME	ITEM	PRESENTER	PLACE
9:30 – 10:00	Presidential Guest Lecture I: <i>Microcuts and Macrocuts – Dealing with Burnout</i>	Dr. Donald Lee	Frist Art Museum Auditorium
10:00 – 10:45	Presidential Guest Lecture II: <i>The Simpler Way to Our Better Selves</i>	Dr. Donald Lee	
10:45 – 11:55	Scientific Session 3		
10:45 – 11:05	Hand and Upper Extremities injections in IV Drug Abusers	Dr. Jarred Barber	
11:05 – 11:25	Constriction Band Syndrome with a Twist	Dr. Will Geissler	
11:25 – 11:55	Current Status of GLP-1 Medications and Perioperative Care	Dr. Ethan Wiesler	
12:00 – 12:45	Business Meeting		Frist Art Museum Auditorium
1:00 – 2:00	LUNCH		The Westin [SoBro Room]



Friday, April 25th: Social Agenda

TIME	EVENT	INFO	PLACE
6:30 – 11:00	Spouses' Breakfast	\$25 Coupon for Breakfast	The Westin Decker & Dyer
10:00 – 10:45	Presidential Guest Lecture: <i>The Simpler Way to Our Better Selves</i> (Dr. Donald Lee) ALL INVITED!	https://fristartmuseum.org/	Frist Art Museum Auditorium
11:00 – 1:00	Spouses' Event – Guided Tour of Frist Art Museum	https://fristartmuseum.org/	Frist Art Museum
1:00 – 2:00	LUNCH		The Westin [SoBro Room]
2:00 – 6:00	Choose Your Own Adventure in Nashville!	Things to Do: https://www.sehandclub.com/event/	TBD by You!
6:00 – 9:00	Wine & Dine at Sixty Vines ✓ Cocktails (6:00 – 6:30) ✓ Dinner (6:30 – 9:00)	https://www.sixtyvines.com/locations/nashville	The Vista Room
9:00 pm	Choose Your Own After Party in NashVegas!	Things to Do: https://www.sehandclub.com/event/	TBD by You!



Saturday, April 26th: Scientific Agenda

TIME	ITEM	PRESENTER	PLACE
6:45am – 12:00pm	<i>Exhibits & Displays by Vendors</i>		Frist Art Museum Auditorium
6:45 – 7:30	Breakfast		
7:30 – 9:30	Scientific Session 3		
7:30 – 7:50	The Trigger Finger Sliding Scale: Optimizing Cost and Efficacy of Care in Diabetics	Dr. Greg Faucher	
7:50 – 8:10	Pediatric Upper Extremity Malunion Correction	Dr. Katherine Butler	
8:10 – 8:30	The “Value” of a Surgeon	Dr. Andrew Koman	
8:30 – 8:50	nTOS in Young Athletes	Dr. Zhongyu Lee	
8:50-9:10	Controversies in the Management of Periprosthetic Shoulder Infection	Dr. Richard Moore	
9:10 – 9:30	Reconstructing the Rheumatoid Hand	Dr. J. Mack Aldridge	

TIME	ITEM	PRESENTER	PLACE
9:30 – 10:00	<i>Break & Visit with Exhibitors</i>		Frist Art Museum Auditorium
10:00 – 12:00	Scientific Session 4		
10:00 – 10:20	Long Term Follow-Up Total Wrist Arthroplasty with Convex Poly	Dr. Will Geissler	
10:20 – 10:40	Capitate Autograft for the Treatment of Distal Radius Malunions	Dr. Jeffrey Marchessault	
10:40 – 11:00	Uncommon Conundrums to Common Problems	Dr. Erik Wegner	
11:00 – 11:20	Latissimus Dorsi Rupture in the Throwing Athlete	Dr. Rocco Barberi	
11:20 – 11:40	Orthopedic Considerations in Aviation Medicine	Dr. Guy Foulkes	
11:40 – 12:00	Forearm Nonunion and Deformity Correction with Virtual Surgical Planning	Dr. Suhail Mithani	
12:00 – 12:20	Closing Comments	Dr. Christopher Tuohy	
12:30 – 1:30	LUNCH		The Westin [SoBro Room]



Saturday, April 26th: Social Agenda

TIME	EVENT	INFO	PLACE
6:30 – 11:00	Spouses' Breakfast	\$25 Coupon for Breakfast	The Westin Decker & Dyer
6:30 - Finish	St. Jude Rock 'n' Roll Nashville ✓ 5k & 10k @ 6:30 am (outside hotel) ✓ Half & Full Marathon @ 7:20 am (a block away on Broadway)	https://www.runrocknroll.com/nashville https://www.runrocknroll.com/nashville-courses	Starts Outside The Westin with Bands Around the Town
	Morning on the Town	Things to Do: https://www.sehandclub.com/event/	Nashville!
12:30 – 1:30	LUNCH		The Westin [SoBro Room]
2:00 – 5:30	Choose Your Own Adventure in Nashville!	Things to Do: https://www.sehandclub.com/event/	TBD by You!
5:30 – 6:30	Cocktails & Appetizers on the Terrace	28 th Floor Terrace over the Rooftop Pool	The Westin
6:30 – 8:30	SEHS Gala Dinner	Radnor Room 27 th Floor	The Westin
8:00 – 11:00	SEHS Dance / Reception ✓ Open Bar ✓ Snacks ✓ Chef's Bakery Specials	28 th Floor Terrace over the Rooftop Pool	The Westin

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